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News Release

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Immediate Release

It's Not Too Late to Get a Flu Shot!

Kingsford and Iron River, Michigan – November 14, 2016. According to the Centers for Disease Control and Prevention (CDC); the most recent FluView report shows low flu activity in the United States; however flu activity most commonly peaks in the United States between December and March. It is not too late to get your flu vaccine this season. It takes about two weeks after vaccination for protection to set in, making now the perfect time to get vaccinated. This season flu vaccines have been updated to better match circulating viruses and most circulating viruses so far are still like the recommended vaccine viruses for this season.

The Dickinson-Iron District Health Department recommends a yearly flu vaccine for everyone 6 months and older. High dose vaccine is available for people ages 65 and older. Vaccination can reduce flu illnesses, doctors' visits, and missed work and school due to flu, as well as prevent flu-related hospitalizations. More than 127 million doses of flu vaccine have been distributed in the United States this year. For more information, visit www.cdc.gov/flu or call 800-CDC-INFO.

Getting the flu vaccine isn't just about protecting you, getting vaccinated also protects your family, friends and community. For a flu vaccination appointment, call your healthcare provider or the Dickinson-Iron District Health Department at (906)774-1868 or (906)265-9913.

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