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FOR IMMEDIATE RELEASE

TO: Media Partners
DATE: December 4, 2020
REGARDING: Updated Post-COVID-19 Exposure Quarantine Guidelines
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On Wednesday, December 2, 2020, the Centers for Disease Control and Prevention (CDC) released options for reducing the number of days that individuals with known exposure to a confirmed COVID-19 case should remain in quarantine. The data presented to support the proposed reductions are based on case data reviewed for hundreds of thousands of cases that showed 99% of all infections will present within 10 days of exposure.

While 14 days of quarantine remains the standard, the Michigan Department of Health and Human Services (MDHHS) is updating guidance to specify that some Michigan residents exposed to confirmed COVID-19 cases may be reduced to 10 days if specific provisions are met.

Dickinson-Iron District Health Department (DIDHD) is adopting the updated MDHHS guidance effective today.

NEW QUARANTINE GUIDELINES FOR POST-COVID-19 EXPOSURE

Individuals with known exposure to a confirmed COVID-19 case may reduce their quarantine period from 14 days from the last exposure to 10 days after the last exposure provided:

- The close contact, with daily monitoring for signs and symptoms, does not develop any symptoms or clinical evidence of COVID-19 infection during the 10 days after the last exposure,

AND

- The close contact continues to monitor for signs and symptoms daily through 14 days after the last exposure.

At this time, diagnostic testing results or antibody testing results do not reduce length of quarantine for residents of Dickinson and Iron Counties. A negative test or positive antibody test does not release close contacts from quarantine earlier than 10 days after last exposure with daily symptom monitoring through 14 days after last exposure to the confirmed COVID-19 case.

DIDHD is monitoring MDHHS guidelines closely and will provide updates as needed.

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